

# LACROSSE STICK HANDLE WITH A REINFORCING INSERT

## Abstract

A lacrosse handle (12) having one or more reinforcing inserts (14) is provided. The lacrosse handle (12) is defined by a hollow tube having an outer surface (22) and an inner surface (24). The inner surface (24) has the reinforcing insert (14) coupled thereto. In one embodiment, this reinforcing insert (14) is comprised of an injection-molded fiberglass composite that contacts substantially the entire inner surface (24) of the handle (12). Alternatively, in another embodiment, the reinforcing insert (14) is comprised of a foam material. Furthermore, the reinforcing insert (24) may instead be constructed of a variety of other suitable materials for reinforcing the hollow tube and supporting the existing structure of the hollow tube. In addition, the reinforcing insert (14) may be adapted for absorbing vibrations emanating through the handle (12).